

Allen Valley Striders



Allen Valley *Striders* Running Club

Amateur Athletics – Fell Running -
Road Running & Cross Country

Founded: 2006

Postal Address: 3 Shield Street Allendale
Hexham NE47 9BP

Training Base: ALLENDALE SPORTS CLUB

Telephone: 01434 618 528

E-mail: allenvalleystriders@hotmail.com

Web: www.allenvalleystriders.co.uk

Membership application form

I confirm that I am eligible to compete under UK Athletics Rule. I *accept/*do not accept that my personal data will be held on a computer by the club. I *agree/*do not agree to the disclosure of my personal data in a list of members and to the North of England AA. (*Delete as applicable)

I enclose Annual Subscription and agree to abide by the Rules of the Club (copy available on request).

Full name:

Address:

.....

Postcode: Telephone (home):

Mobile: Telephone (work):.....

Email address Emergency telephone contact:

Emergency contact & Relationship:

Signature:..... Parents Signature if under 18:

Protection of Minors

Anyone who has been convicted of an offence against a person under the age of 18, must consult the Club Chairman, Graham Fraser, telephone 01434 618 528 or Child Protection Officer, Brendon Jackson, telephone 01434 618 528 before submitting an application to join Allen Valley Striders Running Club.

Membership of other athletic clubs:

Other Athletic clubs of which you are a member:	Status ie First/Second Claim:	Date of resignation from previous club:

Date of birth: Occupation or School

Gender: Nationality

Are there any health problems which we should know about?

.....
.....

I will require Coaching in the following event(s):

.....

Best performances (if any):

.....

.....

Goals (if any):

.....

.....

Interests (please tick):

Cross Country Fell running Road running Track & Field

Marathons Cycling Swimming Triathlons

Membership Type (please tick):

Senior Junior Family Student/Over 60/Unwaged

Photography

Your child may have photographs taken during activities which may be used for promotional and publicity purposes in relation to North Shields Polytechnic Club, e.g. Newsletter, notice boards, web site.

Please tick this box if you do **not** want to give your permission for this:

Please note that it is difficult to ensure an individual is not included in team shots.

Equity Policy

It would be helpful to Allen Valley Striders Running Club in establishing the development of our equity policy if you would complete this part of the form. All information is confidential. (Please tick as appropriate)

Gender

Female Male

Ethnic origin

Choose one category from A to E and then tick the appropriate box to indicate your cultural background:

- | | | | | | |
|----------|-------------------------------|--------------------------|----------|--------------------------------------|--------------------------|
| A | White | | D | Black or black British | |
| | British | <input type="checkbox"/> | | Caribbean | <input type="checkbox"/> |
| | Irish | <input type="checkbox"/> | | African | <input type="checkbox"/> |
| | Any other white background | <input type="checkbox"/> | | Any other black background | <input type="checkbox"/> |
| B | Mixed | | E | Chinese or other ethnic group | |
| | White and black Caribbean | <input type="checkbox"/> | | Chinese | <input type="checkbox"/> |
| | White and black African | <input type="checkbox"/> | | Any other ethnic group | <input type="checkbox"/> |
| | White and Asian | <input type="checkbox"/> | | | |
| | Any other mixed background | <input type="checkbox"/> | | | |
| C | Asian or Asian British | | | | |
| | Indian | <input type="checkbox"/> | | | |
| | Pakistani | <input type="checkbox"/> | | | |
| | Bangladeshi | <input type="checkbox"/> | | | |
| | Any other Asian background | <input type="checkbox"/> | | | |

Disability

The Disability Discrimination Act 1995 defines a disabled person as anyone with a 'physical or mental impairment that has a substantial and long-term adverse effect upon his/her ability to carry out normal day-to-day activities'.

Do you consider yourself to have a disability? Yes No

If yes, what is the nature of your disability? _____

(You may wish to use one of the following categories: visually impaired; hearing impaired; physical disability; learning disability; multiple disability.)

Volunteers

The club is an amateur club, run by unpaid volunteers and, like all voluntary organisations we always need more volunteer help. If you are able to offer your time, the club can arrange training, especially in areas like coaching. It does not need to be an ongoing commitment as we need help on an occasional basis for marshalling at events. If you are interested in volunteering, please give details:

Area of interest:	Please tick if you would like more information:
Coaching	
First aid	
Marshalling at club events	
Other (please specify)	

Allen Valley Striders



Allen Valley *Striders* Running Club

Chairperson: Sara Stewart
Founded: 2006
Postal Address: 3 Shield Street Allendale
Hexham NE47 9BP
Training Base: ALLENDALE SPORTS
CLUB , Catton
Telephone: 01434 618 528

Welcome

Allen Valley Striders welcomes applications from all people over the age of 16 including people with disabilities and those from ethnic minorities.

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Club Fees

In order to use the facilities at the club and compete in competitions you *must* be a member. Membership fees are paid, in advance, annually in April.

Membership fees paid now will take membership up to 31 March (cheques made payable to Allen Valley Striders).

Senior	£30
Junior (under 18)	£20
Student/Over 60/Unwaged	£20

Training times are as follows:

Day	Time	Finishing time
Mondays & Wednesdays	19:00	20:00
Sunday	08:00	10:00

Club training kit - advice on clothing is also available from Coaches:

General:	Running shoes	available from a specialist running shops such as Start Fitness in Newcastle, Sweatshop at the Metro Centre or Greggs Sport (Hexham)
Competitions:	Club vest (essential)	From the Club
Colder/wet weather:	Lightweight showerproof jacket Ronhill Tracksters Hat & Gloves	Start Fitness/Greggs Sports
Warmer weather	T shirt/shorts	Start Fitness/Greggs Sports

Rose Todhunter, Membership Secretary